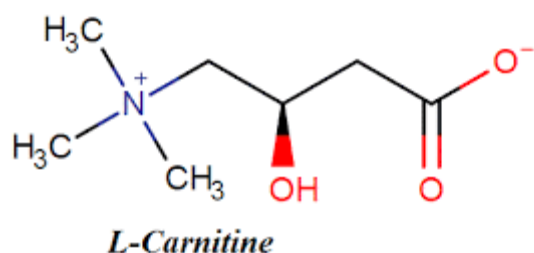


Carnitine in functional food



L-carnitine is a form of carnitine, which is a derivative of amino acids. L-carnitine helps the body break down fatty acids and convert them into energy, and has the function of removing certain waste products from cells to prevent them from accumulating and causing health problems. L-carnitine is an essential nutrient that the body can synthesize on its own from the food we eat or from the diet.

L-carnitine is added to foods to provide the body through eating or drinking these products. To support laboratories to assess the capacity of testing L-carnitine content in functional foods, NIFC provides a proficiency testing program to determine L-carnitine content in functional foods.

Fee: 2,500,000 VNĐ

Time schedule: 09/2022

Interested laboratory, click [Register](#) for participating.